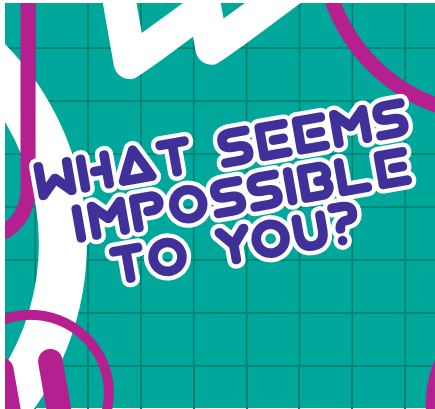


Spend some time thinking about the question below and journal your thoughts or share them with a parent.



Five horizontal lines for journaling.

Eight horizontal lines for journaling.



Day 1

Go to bit.ly/SundaysAtHomePreteen and watch this week's episode of The So & So Show.

Even if you already saw it at church, feel free to check it out again!

SO & SO TOP 3

After watching, write one thing that:

1. You liked: _____

2. You learned: _____

3. You'd like to know: _____



Day 2

Read 1 Kings 18:1-2,16-46

God did something that is impossible to show the Israelites that He is the one true God. As you read 1 Kings 18:30-38, illustrate what you read on a separate piece of paper.

Here is an example of how you can break it down:

- ➔ 1 Kings 18:30-32
- ➔ 1Kings 18:33
- ➔ 1Kings 18:34a
- ➔ 1Kings 18:34b-35
- ➔ 1Kings 18:36-37
- ➔ 1Kings 18:38

It is amazing to think about all that water poured on the altar. You know, not exactly the best fire starter. And yet God sent fire down from heaven and burned it all up! God can do the impossible!

Day 3

You probably don't need God to send down fire from heaven today. But

But what in your life do you need God to do that seems impossible? Write it down in the blank below, and then take a few minutes to pray the prayer below, reminding yourself what God is capable of doing . . . anything!

"Dear God, I believe You can do the impossible. Not only did You call down fire from heaven to burn up a sacrifice on soaking wet wood, but You also parted the Red Sea so the Israelites could escape the Egyptians. And Jesus walked on water, and healed people, and even brought Lazarus back to life. And You created everything! There's nothing you can't do! Right now, it seems impossible that _____
_____. But I know You can do the impossible. So please, God, show me what to do and help me to trust You to guide me through this seemingly impossible situation. In Jesus' Name, I pray, **amen.**

Day 4

Find a friend and quiz them on these "impossible" scenarios.

Is it possible or impossible to . . .

- ➔ Fly (as a human)
- ➔ Mix oil and water
- ➔ Be in more than one place at once.
- ➔ Read with your eyes shut.

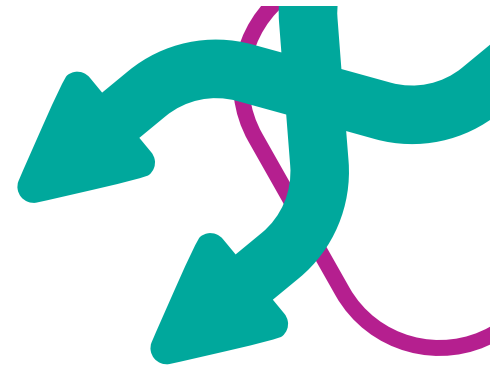
*Possible: If you're on the moon!

*Possible: If you shake them hard/long enough, they will. They will eventually separate again though.

*Possible: If you stand with your feet on either side of a state line.

*Possible: If you read Braille.

Take a couple of minutes to come up with your own list of things that seem impossible but really aren't. Then share with each other something God has done in your life that seemed impossible!



Day 5

What seems impossible to you?

Grab a glass or clear plastic container with a lid and add some oil and water to it. Watch as they separate.

Then, making sure the lid is secure, shake the container as hard as you can for a minute or two. You did what seems impossible: you got oil and water to mix!

Since you're not God, that oil and water is going to eventually separate. But God CAN do the impossible.

There might be some situations in your life that seem impossible. When things seem impossible, you have to trust God and believe that He is with you. He is always in control. Now, that doesn't mean He'll always do things the way we want Him to. But it does mean that when things seem impossible, you can trust that God is still with you and that He's still in control. He can make your impossible . . . possible!

Leave the oil and water out for a few days somewhere you can see it, and give it a shake when you walk by, reminding yourself that God can do the impossible!

